

Preparation for Ultrasound Examinations

1. Ultrasound Scan of the Abdomen

- Please fast for 4-6 hours for the examination.
- This is to enable good visualization of the gall bladder and other abdominal organs.

2. Ultrasound Scan of the Pelvis

- Please drink about 1 to 2 cups of water and do not empty your bladder before you come for the examination.
- This is to allow the sonographer to use the urinary bladder as a window to visualize the pelvic organs.
- In female patients and depending on circumstances, a trans-vaginal scan may have to be performed.