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Care after Breast Biopsy

- Bruising and slight staining may be seen at the area where the needle entered the skin.
- Avoid exertion of the arm on the same side of the biopsy for the next 48 hours.
- Try not to shower or bathe till 24 hours later. Try to keep the dressing dry.
- Do not participate in strenuous activities for 48 hours. No swimming for 1 week.
- Look out for bleeding when you return home. If bleeding occurs, apply firm compression on the wound for 10 to 15 minutes. If bleeding continues, please see your private doctor or go to the Accident and Emergency department at the hospital nearest to your home after office hours.
- Seek medical help if there are any other complications.
- For pain or discomfort, you can take the medication prescribed by the doctor. Avoid aspirin and aspirin containing medicines.
- Remove the dressing one (1) day after the biopsy. The steri-strips should be allowed to dry and drop off on their own.

If you have any questions or concerns, you may call us at **(+65) 6508-6350*